



For Immediate Release

**Meet Amy and Kat, CVHHH Clients and Spring Appeal Honorary Chairs**

Barre, VT – Central Vermont Home Health & Hospice (CVHHH) is pleased to introduce Amy Lee and her five-year-old daughter Kat to the community as Honorary Chairs of its Spring Appeal. Kat has been a client of CVHHH’s Maternal-Child Health team since she was a newborn. As Amy wrote in her appeal letter to Central Vermonter, “Kat and I have been on a very special journey together, and CVHHH has been by our side the entire time.”

When Amy was 24 weeks pregnant with Kat, her second child, doctors diagnosed Kat with a rare heart condition. Doctors told Amy that Kat would very likely not survive birth. Five years later, Kat is an active preschooler and receives regular medical nursing assessment visits, care coordination with community providers, case management, and medication management support at home from CVHHH’s Maternal-Child Health team. Kat also receives music and dance therapy, which helps her express her emotions in a creative and fun way. Amy says that CVHHH’s nurses have been an invaluable support system and sounding board for her. “The nurses have been amazing at staying in touch with me and checking in. Even though they are coming for Kat, the nurses always ask how I am doing. It’s been nice to have people to talk to.”

Amy says that she and Kat love their MCH nurses and that both she and Kat formed bonds with every nurse. “I know they truly care about Kat’s wellbeing,” Amy said. Amy admits that when she returned home from the hospital with Kat five years ago, she was unaware that CVHHH offered such a full range of services for mothers and babies. She says the services have changed their lives. “CVHHH provides for so many people in so many good ways,” Amy said.

Contributions to CVHHH’s Spring Appeal can be made at [www.cvhhh.org/donate](http://www.cvhhh.org/donate).

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